



# The Pipeline



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## Inside this Issue:

**Kicking smoking habit  
could be worth \$2,500**

**March of Dimes team kicks  
off fund-raising efforts**

**Jefferson County DCBS  
announces Family to  
Family grant recipients**

**The ABCs of EAL**

**Intranet site available**



## Kicking smoking habit could be worth \$2,500

*By Anya Armes Weber*

Smokers who'd like to quit have another incentive in the coming weeks – a chance to win \$2,500.

That grand prize, plus five second-place prizes of \$500 each, are incentives for the "Kentucky Quit and Win" program, sponsored by the Lexington-Fayette County Health Department, the state's local health departments and other health agencies.

Any adult 18 or older who has regularly smoked or used any tobacco product within 30 days of entry is eligible. Participants must agree to be tobacco-free from Feb. 14 through March 15, and a non-tobacco using "buddy" must confirm the success of the entrant.

Entries must be submitted by noon Friday, Feb. 14, and are available at <http://www.quitandwinky.com/>. Entrants will submit another form at the contest's end, and winners' names will be drawn at random.

For contest rules, keys to quitting smoking or more information, log onto the "Quit and Win" Web site.

For more help, call the Cancer Information Service toll-free Quit Line at (877) 44U-QUIT.

## March of Dimes team kicks off fund-raising efforts

*By Anya Armes Weber*

The Cabinet's March of Dimes fund-raising committee has several activities planned for the 2003 campaign.

March of Dimes is a nonprofit organization that strives to improve the health of infants by preventing birth defects and infant mortality. Your contribution helps babies!

Fund-raising began last week with a two-day book sale in the CHR lobby, where the charity received \$500 from the sale's proceeds.

## Valentine greetings

Want to send a coworker a Valentine treat? Sign up for a Val-O-Gram from 10:30 a.m.- 2:30 p.m. next Wednesday and Thursday in the CHR lobby. Just \$3 buys a flower and card to be delivered anywhere in the CHR complex. Or take it home to someone special. Valentine deliveries will be the morning of Friday, Feb. 14.

Next week, the March of Dimes team will also be selling any remaining plush animals and Home Interiors housewares. Plush bears and ducks are \$5. Candle prices vary and must be paid for at time of order. Home Interiors items take about two weeks for delivery.

## Future activities

The committee is also planning these fund-raising activities:

- **T-shirt sale.**
- **Chili cookoff.** Mark your calendars for a chili cook-off on March 18 in the CHR building. Donations for a pot of chili are welcome. Prizes will be given for the spiciest/hottest, thickest and best overall.
- **Yard sale.** This event is planned for sometime in March. Staff tackling their spring cleaning in the coming weeks can donate any household items except clothing. Call Michele Lilly at 564-3140, ext. 4004, if you have any items to contribute.

## Jefferson County DCBS announces Family to Family grant recipients

By Anya Armes Weber

The Jefferson County Department for Community Based Services' (DCBS) Family to Family initiative announced the five local recipients of more than \$40,000 in grant money for community service activities at a reception last week.

The grants, totaling \$41,301, are provided through the Family to Family initiative, which is sponsored by the Annie E. Casey Foundation. Family to Family promotes strong family and neighborhood involvement in finding long-term supports for foster children.

Recipients of the six-month grants were selected based on how well their proposals serve the needs of foster and kinship care children and families. Kinship care is the full-time care of children by relatives other than birth parents.

Velma Hunter, chief foster parent recruitment coordinator for Jefferson County's DCBS, said the funding will build up families' support systems.

"The people who were awarded these grants will be working with families, making them stronger," she said. "Foster parents need all the support in the world, because we ask foster families to advocate for children, to mentor birth families, to help broken families."

The proposed programs will serve families and children in the Jefferson County Neighborhood Place areas where the Kentucky Cabinet for Families and Children has identified the greatest need for services and support. The grant period is January through June.

Grant recipients will submit monthly reports on activities and services. They will also document their efforts to collaborate with Neighborhood Places and other agencies in their communities

to expand the network of resources in the targeted areas. Three of the five grants are new partnerships between DCBS and community organizations.

Neighborhood Places are "one-stop" centers that house several public service agencies. Jefferson County has eight Neighborhood Places and two satellite locations. Each Neighborhood Place is guided by a Community Council made up of customers and people who live and work in the area.

The recipients, their grant awards and their proposals are as follows:

**Elderserve -- \$12,790.** A program to provide support services and parenting workshops for 30 older kinship care custodians. The program will serve families in the Northwest Neighborhood Place area. Referrals will come from DCBS through the kinship care specialist and from families involved in the Elderserve program. This is a new partnership.

**Home of the Innocents -- \$7,000.** A program to provide DCBS foster parents with planned respite for their foster children. Home of the Innocents (HOI) will provide 70 - 100 planned overnight respite slots for DCBS foster parents in the Northwest and Bridges of Hope Neighborhood Place areas. The respite will be based on the need of the foster parents and provided primarily at HOI's therapeutic foster homes. With the agreement of the DCBS retention coordinator, HOI's main shelter may be used as backup respite.

**Maryhurst -- \$5,791.** A program to provide two parenting series of four three-hour sessions for 20 parents and their children in the Northwest Neighborhood Place area. Children will receive care and structured activities on site while parents participate in the workshops. The cabinet's Protection and Permanency workers will make referrals. A DCBS specialist will receive and prioritize the referrals.

**Peace Presbyterian Center -- \$8,720.** A program to provide supervised, after-hours visitation for 10 DCBS families with children in foster or kinship care

and the children's birth parents. The twice-weekly visitation will include structured activities and meals through the center's Kids Café. Referrals will be made through the First Neighborhood Place community liaison. This is a new partnership.

**Wesley House Community Services -- \$7,000.** A program to provide support services, including employment assistance and parenting workshops for 20 young single mothers in the Bridges of Hope Neighborhood Place area. The program, Molding Our Minority Young Mothers (MOMY), mentors mothers on nutrition, stress/anger management, self-esteem/confidence building, arts and job skills. Transportation to and from the center will be included. Referrals will be made through the Bridges of Hope Neighborhood Place community liaison. This is a new partnership.

To learn more about Neighborhood Places and their locations, log onto <http://www.neighborhoodpl.org/>.

## The ABCs of EAL



"The ABCs of EAL" features tips that can help us improve our relationships with coworkers and our service to the families of Kentucky.

### This week: S

Sometimes it's a good idea to **suspend judgment** before voicing your left-hand column. It's OK not to always agree with coworkers, but wait until you have all the information before responding. This can lead to a good dialogue.

## Intranet site available



The new Cabinet Intranet Site is now available to all CFC employees. The address for the new site is: <http://cfcnet.ky.gov>.

If you have questions or comments, you may send them directly to: [dean.crawford@mail.state.ky.us](mailto:dean.crawford@mail.state.ky.us)